

# Kara Wholemeal Deli Roll

F02407



## Product Description

A pre sliced wholemeal roll with a semolina topping

## Storage/Handling/Baking Instructions

**Store Frozen at -18°C or below.**

Keep frozen until use. To defrost: remove from case and leave in bag at room temperature for approximately 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days  
Once defrosted do not refreeze.

## Ingredient Declaration

Wholemeal **Wheat** Flour, Water, **Wheat** Semolina, Palm Oil, Wheat Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Yeast (Yeast, Deactivated Yeast), Salt, Flour Treatment Agent (E300).

## Nutritional Information

		Per 100g	Per serving (100g)
<b>Energy</b>	kJoules	1020	1020
	kcal	240	240
<b>Total Fat (g)</b>		3.3	3.3
of which saturates (g)		1.4	1.4
of which mono-unsaturates (g)		1.1	1.1
of which polyunsaturates (g)		0.6	0.6
<b>Available Carbohydrate (g)</b>		40.2	40.2
of which sugars (g)		3.7	3.7
<b>Dietary Fibre (g)</b>		7.2	7.2
<b>Protein (g)</b>		9.3	9.3
<b>Salt (g)</b>		0.83	0.83
of which sodium (mg)		330	330

## Allergen Disclaimer

For allergens (including cereals containing gluten), see ingredients in **bold**. Also, may contain egg, milk, sesame and soya.

## Suitable For

Vegetarians	✓	Halal	✗
Vegans	✗	Kosher	✗

**Product is free from:**

GM ingredients, Hydrogenated Fats

## Shelf Life

<b>Frozen Life of Product</b>	12 months
<b>Life once defrosted</b>	4 days

## Product Data

<b>Product Weight:</b>	100g +/- 5g	<b>Case Net Weight:</b>	3.60Kg	<b>Case Dimensions</b>
<b>Product Dimensions:</b>	Width 90mm +/- 5mm, Height 55mm +/- 5mm Length 165mm +/- 10mm	<b>Case Gross Weight:</b>	3.96Kg	<b>Length:</b> 548mm
<b>No. in a Pack:</b>	6 units per pack	<b>Declared Weight:</b>	3.42kg	<b>Depth:</b> 240mm
<b>Packs in a Case:</b>	6 packs per box	<b>Cases per Layer:</b>	8	<b>Height:</b> 202mm
		<b>Cases per Pallet:</b>	64	<b>Pallet Height:</b> 1.778m
		<b>Barcode / EAN:</b>	05051788124070	

**Traceability Code:** Best Before End DDMMYYYY Julien date code, FF (frozen), Time eg BBE 13JUN2020 L9164FF07:09

## Information Issued By

<b>Name:</b>	Lucy Button	<b>Position:</b>	Specification Technologist
<b>Date Issued:</b>	21/10/22	<b>Issue No:</b>	1

**Kara**

FOODSERVICE BAKERS

## Kara Customer Care

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