



Product Description

Traditionally used for pizzas and ideal for deep pan and thin crust, our doughballs can also be used in the kitchen to make garlic bread, tear 'n' share, calzones, mini doughballs, tray bakes, bread-sticks and focaccia.

Storage/Handling/Baking Instructions

Keep frozen. Store at -18°C or below.

To defrost take the required amount of doughballs from the freezer and place 2" apart on a tray. To avoid skinning cover with lightly greased film and put in refrigerator overnight. Maximum storage time in refrigerator (5°C) is 2 days after defrost. Best used within 24 hours.

Once defrosted do not refreeze.

Cooking instructions: This product is raw dough and must be cooked thoroughly before serving.

Ingredient Declaration

Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, **Wheat** Sour Dough, Yeast, Salt, Rapeseed Oil.

Allergy Advice: For allergens including cereals containing Gluten, see ingredients in **bold**

Nutritional Information

		Per 100g uncooked
Energy	kJoules	897
	kCal	212
Total Fat (g)		1.6
	of which saturates (g)	0.2
	of which mono-unsaturates (g)	1.2
	of which polyunsaturates (g)	0.9
Available Carbohydrate (g)		40.5
	of which sugars (g)	0.9
Dietary Fibre (g)		2.7
Protein (g)		7.5
Salt (g)		1.5
	of which sodium (mg)	0.59

Allergens

Contains: **Wheat**

Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

Product is free from:

GM ingredients, Hydrogenated Fats

Shelf Life

Frozen Life of Product	12 months
Wrapped life once defrosted	2 days

Product Data

Product Weight:	200g +/- 3g	Case Net Weight:	12kg	Case Dimensions	
Other product information:	Suitable for thin crust pizzas	Case Gross Weight:	12.404kg	Length:	330mm
		Cases per Layer:	12	Depth:	298mm
		Cases per Pallet:	84	Height:	240mm
No. in a Pack:	60	Pallet Height:	1.84m		
Packs in a Case:	1	Barcode / EAN:	05010066119061		

Traceability Code: Best Before MM,YY, Day of Year, Time (24hr) eg MAR 09 L8086 19:28

Information Issued By

Name:	Mary Madzvova	Position:	Technical Manager-Kara
Date Issued:	28/10/2018	Issue No:	003

Kara
FOODSERVICE BAKERS

Kara Customer Care

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